



ACT Facilitator Training Workshop Agenda

Day 1

8:30 – 9:00	Introductions & General Information Introduction about the workshop General Review of the ACT Program Review of the ACT kit Review of the program curriculum
9:00 – 10:30 am	Concepts of Motivation and Change: Pre-Program meeting Child Development: Session 1
10:30 – 10:40	BREAK
10:40 – 12:00	Impact of Violence on Children: Session 2
12:00 – 1:00	LUNCH BREAK
1: 00 – 3:00	Anger Management for Adults: Session 3 Helping Angry Children: Session 4
3:00 – 3:15	BREAK
3:15 – 4:30	Children and Electronic Media: Session 5 Wrap-up of the day



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Day 2

8:30 – 10:00	Discipline and Parenting Styles Session 6
10:00 – 10:15	BREAK
10:15 – 12:15	Discipline for Positive Behaviors Session 7
12:15 – 1:15	LUNCH BREAK
1:15 – 3:30	Implementing the ACT Program Debriefing
3:30 – 4:30	The ACT Regional Centers ACT Facilitator Certification Process Workshop Post-evaluation Distribution of certificates Final Wrap-up
4:30	Adjournment
